LOBETHAL LUTHERAN SCHOOL

SUN SMART POLICY

Policy
The Sun Smart Policy is to promote among students, staff and parents:

- positive attitudes towards skin protection
- lifestyle practices which can help reduce the incidence of skin cancer and the number of related deaths
- personal responsibility for and decision-making about skin protection
- awareness of the need for environmental changes in schools to reduce the level of exposure to the sun.

Procedure

Implementation Strategies for Skin Protection
This Policy is for implementation throughout the year with particular emphasis from 1 September to 30 April. Ultraviolet radiation (UV) ratings are monitored daily outside these dates and hats must be worn for outside activities if the UV level is predicted to be 3 or above.

The purpose of the strategy is to ensure that all children attending our school are protected from skin damage caused by the harmful ultraviolet rays of the sun while encouraging no sun protection when the UVR level is below 3 (usually May to August) so children receive enough sunlight to maintain adequate vitamin D levels.

As part of the General Skin-Protection Strategies
1. Children will wear hats which protect the face, neck and ears whenever they are outside, e.g. lunch and recess playtimes, sport, sports carnivals, outdoor excursions and activities.
2. Children who do not have their hats with them will play in an area protected from the sun.
3. Children will be encouraged to use available areas of shade for outdoor play activities.
4. Outdoor activities will be held in areas of shade whenever possible.
   - outdoor assemblies
   - recess and lunch breaks where no shade is available
   - all outdoor physical education and sport activities
   - swimming, athletics and cross country activities at school, district, regional and state levels
   - excursions, camps and gala days
5. Teachers will schedule outdoor activities before 10am and after 2pm (11am and 3pm daylight saving time) whenever possible.
6. Staff will be encouraged to act as role models by practising Sun Smart behaviour:
   - wearing protective hats and appropriate clothing for all outdoor activities
   - using a SPF 30+ broad spectrum, water-resistant sunscreen for skin protection
   - seeking shade whenever possible

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Our School Will...

1. Ensure that school hats are appropriate and satisfy the Cancer Council SA guidelines.
2. Ensure that adequate shade is provided at sporting carnival and outdoor events.
3. Provide shelters and shade trees.
4. Provide SPF 30+ broad spectrum, water-resistant sunscreen for staff and student use.
5. Encourage the use of sunglasses
6. Incorporate programs on Sun Smart Education in our curriculum.
7. Reinforce regularly the Sun Smart Policy in a positive way through newsletters, parent meetings, student and teacher activities.
8. Monitor and evaluate the strategies in accordance with changes in the school.

When Enrolling a Child, Parents will be...

1. Informed of the Sun Smart Policy.
2. Required to purchase a school hat for their child.
3. Encouraged to provide SPF 30+ broad spectrum, water-resistant sunscreen for their child’s use.
4. Encouraged to practise Sun Protection behaviour themselves.

Lobethal Lutheran School Inc is committed and accountable to ensure this policy is communicated, practical, well established and reviewed every 2 years.

This Policy was approved and Procedure reviewed by the Occupational Health and Safety Committee and Staff of the Lobethal Lutheran School

Responsible Officer

OHS & W Committee Member

School Council Chairperson (Date)

Next Review 2017